

SUBJECT LINE: Less time at the pharmacy. More time in your day.
Medications and peace of mind delivered at home

Home delivery is a convenient, effortless way to get your medications.
Home delivery offers a reliable, safe way to get your medications.



Home delivery

Get your medications sent to your home



Set up home delivery through CarelonRx Mail, for the prescriptions you take on a regular basis, including those for conditions like high blood pressure, diabetes, heart disease, or asthma. Not only will you get your medications at home, but you'll benefit from the convenience of not having to run to the pharmacy for them. Having medications delivered directly to your home is a safe, reliable option to ensure you receive your medications when you need them.

With home delivery, you get:



More time. Less time in line at the pharmacy means more time for you.



Added convenience. CarelonRx Mail works with your doctor to renew your prescriptions, and you can manage everything through [anthem.com](https://www.anthem.com) or the SydneySM Health mobile app.



Safety. A licensed pharmacist checks all orders before they ship. Discreet packaging is tamperproof, weatherproof, and temperature controlled, if needed.



Peace of mind. Set up automatic refills and reminders. Pharmacists are also available to help 24/7.



Savings. Many medications cost less for a 90-day supply instead of three 30-day supplies. Shipping is always free.

Start home delivery now with these steps

- 1 Visit the **Request a New Prescription** page on [anthem.com](https://www.anthem.com) or Sydney Health.
- 2 Type in the prescription you'd like to have delivered.
- 3 Select **Request a New Prescription** under the name and cost of your prescription.
- 4 Choose a prescriber and review your request to make sure your information is correct.
- 5 Select **Continue to Medical Profile** if you're a first-time requester. Credit card information can be added for no hassle delivery.
There is a \$100 threshold without credit card on file. Prescriptions under \$100 will be delivered with an invoice included. Payment may be requested in advance if threshold is exceeded.
- 6 Verify any allergies or health conditions, then select **Continue to Submit Order**.



Anthem is here to help

Use the live chat feature on Sydney Health or [anthem.com](https://www.anthem.com).

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2023

CarelonRx, Inc. is an independent company providing pharmacy benefit management services on behalf of your health plan.

Please don't reply to this email. We want to help you, but these messages aren't monitored. If you have questions, please use our secure [Message Center](#). It's the quickest and safest way to contact us.

Language Access Services (TTY/TDD: 711)

[ALTERNATE LANGUAGES](#)

We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex.

Independent licensee of the Blue Cross Blue Shield Association. Read more [about us](#).

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