

# Facing Challenges with Child or Elder Care?



Because child and elder care issues are so prevalent, we address them in a special way. While counseling and referral services are always available, we also provide access to a variety of dependent care information and assistance. When you call the EAP, a specialist will conduct a search for local elder or child care providers and deliver a list of local services. We also have a full array of child and elder care self-help resources on our member website that includes a collection of articles, tools and links.

If you need assistance with finding child care resources or you are dealing with the challenges of being a caregiver, call the EAP toll-free number **1-800-252-4555** or log on to **www.HealthCareEAP.com**. Your EAP can help!

*To access the Child Care and Elder Care benefits, log on to our website:*  
**HealthCareEAP.com**

- Click the “**Member Login**” button.
- If you have already created a User Name and Password, simply enter that info in the appropriate boxes. **If you have not registered, complete steps (a) & (b).**
  - a) Click on **REGISTER**.
  - b) Fill out the Registration Form to create your own User Name and Password, then click **Register**. **You only need to register once.**
- Click the Connections/Work-Life, Legal, or Locator icons.
- Or you can call one of our counselors who can mail the information to you.

**Call 1-800-252-4555 today!**



**More benefits than any other EAP**

*www.HealthCareEAP.com • 1-800-252-4555*